

Diabetes Stoffwechsel und Herz

Diabetes Metabolism and the Heart

Instructions for Authors

Circulation: 10,000

Who are the readers of this journal?

This journal is aimed at physicians and all experts involved in taking care of people with diabetes. Medical professionals, including chemists and pharmacists, working scientifically, clinically, or out in the field will be presented with current and in-depth articles with the purpose of improving care for people with diabetes. Latest medical findings will be presented to promote high-level continuing education, enabling scientific debate and the exchange of practical experience.

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Author Instructions for "Diabetes, Stoffwechsel und Herz"

About the journal

The journal "DIABETES, STOFFWECHSEL und HERZ" ("Diabetes, Metabolism and the Heart") publishes articles topics on diabetes, metabolism, endocrinology and cardiovascular disease as well as all diabetes-associated disorders. Our purpose is also to include inter-disciplinary articles that are of special interest to those in the health sector. In this journal, we publish the very latest in research and clinical practice, providing the reader with leading-edge medical knowledge.

Target Group

This journal is aimed at physicians and all experts involved in taking care of people with diabetes. Medical professionals, including chemists and pharmacists, working scientifically, clinically, or out in the field will be presented with current and in-depth articles with the purpose of improving care for people with diabetes. Latest medical findings will be presented to promote high-level continuing education, enabling scientific debate and the exchange of practical experience.

Dates of Publishing

"DIABETES, STOFFWECHSEL UND HERZ" appears six times a year, bi-monthly, in the months February, April, June, August, October, and November.

Manuscripts

Please send manuscripts to both the Editors-in-Chief and the editors at MedTriX GmbH (see below for addresses). The selection process is carried out by the Editors-in-Chief, along with subject specialists. Contributions will only be accepted that have not been previously published nationally or internationally. In addition, contributions may neither be offered simultaneously to other journals, nor already be in the process of publication. Please confirm within the submission system that all authors comply to these requirements and agree with the form and contents of the manuscript.

Manuscripts should be submitted in German. However, submissions in English will also be accepted and published in English. All articles in German must include summaries in both German and English. A summary in German will be added to all articles submitted in English.

Assign each manuscript to one of the following categories:

- Original article
- Review article
- CME article
- Comment
- Viewpoint
- Perspective
- History of medicine
- Interdisciplinary case discussion

The final decision regarding the categorisation of a manuscript lies with the Editor-in-Chief.

Language Usage

To ensure clarity and readability, this journal employs the generic masculine form. This is intended to include individuals of all genders equally. Manuscripts should be submitted in German or English.

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Spelling and Terminology

Units of measurement should be provided using both conventional concentration units (e.g. mg/dl for blood glucose) and SI units (e.g. mmol/l for blood glucose).

Editorial Revision

Manuscripts accepted for publication may be edited for style and journalistic clarity. This may include revisions to text and figures. The final version will be sent to the corresponding author for approval prior to publication.

Original Articles

Original articles present original, novel scientific research findings based on systematically collected data. They follow a clear structure and contribute to the advancement of knowledge in a specific field.

Length

- Original articles should not exceed 25,000 characters (including spaces). Up to 60 references may be included.
- Tables or figures should be added to illustrate and complement the content. Each table or figure must be accompanied by a descriptive caption, which should be placed at the end of the text file. Please submit tables and figures as separate files and indicate in the text where each table or figure belongs by referencing the file name.

Structure

Original articles should include the following components:

- **Title:** The title must clearly reflect the content of the article and should not exceed 110 characters (including spaces).
- **Abstract:** The abstract should be structured into Introduction, Methods, Results, and Conclusion. It must not exceed 1,500 characters (including spaces).
- **Summary:** The German summary should follow the same structure (Background, Methods, Results, Conclusion) and likewise must not exceed 1,500 characters (including spaces), including the heading.
- **Keywords:** Please provide 3–5 keywords in both German and English.
- **Introduction:** This should briefly outline the rationale and research question of the study.
- **Methods:** This section must provide detailed information on patients, control groups, and study material. The methods, devices (including manufacturer and location in parentheses), and procedures must be described in sufficient detail to allow replication. For well-established clinical and chemical methods, a literature reference is sufficient. The same applies to statistical methods. For pharmaceuticals, please use the international non-proprietary name (with the brand name in parentheses), and state dosage and mode of administration.
- **Results:** This section should follow the structure of the research question or study protocol. Results may be presented in text form or as tables/figures. Redundant information should be avoided.
- **Discussion:** Highlight the novel and relevant aspects of the study without repeating individual results. Discuss the significance and limitations of the findings and refer to related studies.
- **Conclusions:** These should logically follow from the results and relate back to the research question stated in the introduction. Recommendations may also be included.
- **Box "Key Points for Practice":** At the end of the article, please summarise the main findings as bullet points for a boxed highlight section (see below).
- **Acknowledgements:** Acknowledgements of individuals who made substantial contributions to the study may be included.

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- **Funding:** If the study was sponsored by a pharmaceutical company or similar institution, this must be disclosed.

Peer Review

When submitting your manuscript, please suggest at least two potential reviewers whom you consider qualified to review your work.

When submitting a revised version after peer review, please ensure that all changes are clearly marked and easily traceable.

Review Articles

Review articles provide a systematic and critical summary of the current state of knowledge on a specific topic, based on relevant literature. The aim is to offer readers a well-founded overview of research findings, controversies, and unresolved issues.

Length

- Review articles should not exceed 25,000 characters (including spaces). Up to 60 references may be included.
- Tables or figures may be added to clarify or supplement the content. Each table or figure must be accompanied by a descriptive caption, which should be placed at the end of the text file. Please submit tables and figures as separate files and indicate in the text where each table or figure belongs by referencing the file name.

Structure

Review articles should include the following components:

- **Title:** The title must clearly reflect the content of the article and should not exceed 110 characters (including spaces).
- **Abstract:** The abstract should briefly and concisely summarise the content of the review. It must not exceed 1,500 characters (including spaces).
- **Summary:** The German summary should likewise concisely summarise the content of the review. Including the heading, it must not exceed 1,500 characters (including spaces).
- **Keywords:** Please provide 3–5 keywords in both German and English.
- **Introduction:** This should briefly outline the topic.
- **Main Text:** This section should provide a comprehensive overview of the current state of research on the respective topic.
- **Box "Key Points for Practice":** At the end of the article, summarise the most important findings as bullet points for a boxed highlight section (see below).
- **Acknowledgements:** Acknowledgements of individuals who made substantial contributions to the work may be included.
- **Funding:** If the review article was sponsored by a pharmaceutical company or similar institution, this must be disclosed.

Peer Review

When submitting your manuscript, please suggest at least two potential reviewers whom you consider qualified to evaluate your work.

When submitting a revised version after peer review, please ensure that all changes are clearly marked and easily traceable.

CME Articles

CME (Continuing Medical Education) articles convey practice-relevant, evidence-based knowledge on a clearly defined medical topic and are intended for certified medical education. They combine didactically structured content with defined learning objectives, exam questions, and references.

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Structure and Length

- CME articles should follow the same structure as review articles (see above).
- In addition, authors must provide 10 multiple-choice questions related to the article, each with 5 answer options, of which only one is correct.

Commentaries, Viewpoints, Perspectives & History of Medicine

Commentary

A commentary offers a concise and expert interpretation of recent research findings or health policy developments. It does not represent original research but highlights background, relevance, and possible implications.

Viewpoint

A viewpoint is an argumentative opinion piece addressing a scientific, ethical, or health policy issue. Authors take a clear position and aim to stimulate critical debate, without claiming neutrality.

Perspective

A perspective article addresses a current or controversial topic from science or clinical practice, presented in an accessible and opinionated style. It is intended for a broader professional audience and provides space for alternative viewpoints or thought-provoking impulses.

Length

Commentaries, perspectives, viewpoints, and articles on the history of medicine should not exceed 15,000 characters (including spaces).

Interdisciplinary Case Discussion

An interdisciplinary case discussion presents a clinical case (case report) analysed and discussed from the perspective of different medical disciplines.

Length

Interdisciplinary case discussions should not exceed 8,500 characters (including spaces). Descriptive images, tables, or graphics should be used to complement the text.

General Requirements

The following requirements apply to all submitted manuscripts and should be followed wherever possible.

Author Information

Please include the full names of all authors along with their institutional affiliations and the location where the work was conducted.

Abbreviations

All abbreviations must be explained, regardless of whether they appear in the main text, tables, or figures. In the text, abbreviations should be defined in the running text; in tables and figures, they must be explained in the caption.

Additionally, a list of abbreviations should be included at the beginning of the manuscript (Abbr. – Abbreviation).

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Subheadings

Please include short subheadings throughout the manuscript to help readers quickly identify the structure and content of each section. Subheadings should clearly reflect the content of the paragraph(s) that follow.

Box "Key Points for Practice"

At the end of each original or review article, the key practical takeaways should be summarised as bullet points in a boxed section. A brief introductory sentence may precede the bullet points.

For all other article types, this section is optional but encouraged.

Figures and Graphics

Figures and graphics should be submitted in electronic format (preferably as tif, jpg, or pdf files), with a minimum width of 12 cm and a resolution of at least 300 dpi. Files should be sent along with the manuscript to the Editor-in-Chief and the editorial team at MedTriX. A copyright notice must accompany all figures.

If figures from other sources are used in review articles, the author must provide written permission for reproduction from both the original author and the publisher.

References

The reference list should be limited to the most essential works and include no more than 60 citations. Only references cited in the text should be listed.

References must be listed alphabetically by the surname of the first author.

All authors must be named in the reference list (do not abbreviate with "et al.").

In the text, references should be cited as follows: [First Author Year].

Citation Format

- **Journal articles:** Author(s) (Surname, initials without full stops): Title of the article. Abbreviated journal name (as listed in World Medical Periodicals), year (no comma); volume: first–last page of article. doi
Example: Nathan DN: Long-term complications of diabetes mellitus. *N Engl J Med* 1993; 328: 1676–1685. doi: 10.1056/NEJM199306103282306
- **Books:** Author(s) (Surname, initials without full stops): Title of the chapter. In: Editor(s) (if applicable): Title of the book. Publisher, Place of publication, Year.
Example: Willms B: Acarbose in Noninsulin-dependent Diabetes Mellitus: Short-term Studies in Combination with Oral Agents. In: Creutzfeldt W (ed): Acarbose for the Treatment of Diabetes Mellitus. Springer-Verlag, Berlin Heidelberg New York, 1988
- **Online sources:** Author/Editor (Surname, initials without full stops): Title of the page. Version/date if applicable. URL (last accessed on dd.mm.yyyy).
Example: European Union (EU): CORDIS – EU research projects under HORIZON EUROPE (2021–2027). Updated 28.06.2023.
<https://data.europa.eu/data/datasets/cordis-eu-research-projects-under-horizon-europe-2021-2027?locale=en> (last accessed on 12.03.2025)

Corresponding Author Contact Information

At the end of the article, please provide full contact details for the corresponding author to enable readers to make contact. Required details include title, first name, surname, institution, street and number, postal code, city, email address, and optionally a telephone number.

Author Photograph

Please include a portrait photograph of the corresponding author (minimum resolution: 300 dpi; minimum size: 3×4 cm), which will be published alongside the article.

A copyright notice must also be provided for the photo.

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Conflicts of Interest

All authors must declare any potential conflicts of interest.

Information for Online Publication

By approving the article for publication, the author grants MedTriX GmbH the right to reproduce and distribute the article in both printed and digital formats, particularly via the internet.

Articles from Diabetes, Stoffwechsel und Herz are regularly published on *www.diabetologie-online.de* and featured in newsletters.

Due to differing requirements for print and digital formats, the following additional elements are required. These can be provided by the editorial team, but authors are welcome to submit their own suggestions.

Item	Requirement
Website Header	Max. 40 characters including spaces
Website Headline	Max. 60 characters including spaces; must complement header
Newsletter Headline	Max. 80 characters including spaces; for newsletter only
Teaser Text	Max. 250 characters including spaces; for website and newsletter

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Please submit your manuscript, including all tables, graphs, figures and photographs, by email to the Editor-in-Chief and the editorial team at MedTriX GmbH:

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